



St. Joseph's Church
O'Connell Avenue, Limerick
Church Notices, Sunday 1st February 2026

Fourth Week in Ordinary Time

Mass Times and Intentions

Day	Time	Name
Sun. Feb. 1 st	10.30am	Tess Gloster; The Grey family, Noonan family & Boland family
	12.30pm	Marie McGrath (anniversary); William Stephenson (3 rd anniversary); Paul Man Ching Tsang (3 rd anniversary); The O'Brien & O'Driscoll family
Mon. Feb. 2 nd	10.30am	Dan & Essie Riordan (anniversaries)
Tue. Feb. 3 rd	10.30am	Intentions of Clergy
Wed. Feb. 4 th	10.30am	Nellie & May Daly
Thur. Feb. 5 th	10.30am	Intentions of Clergy
Fri. Feb. 6 th	10.30am	Rita Boyce (recently deceased)
Sun. Feb. 8 th	10.30am	Intentions of Clergy
	12.30pm	George McGee (21 st anniversary); Gould Geary (1 st anniversary); Phil Skehan (9 th anniversary);

Follow our Parish Facebook page at "St Joseph's Parish Limerick".

WEEKLY OFFERING ENVELOPES

Our "collection year" runs from 1st February when the new green envelopes will come into use. The 2026 envelopes may be collected from the sacristy during office hours (from Monday to Friday, between 9am and 2pm). We thank all of our parishioners who avail of the envelopes.

CHANGING GEARS

Changing Gears is an in person course, which supports people in dealing with transitions or significant life-challenges (retirement, bereavement, job-loss, ill health, becoming a carer, relationship breakdown) in mid to later life. Its aim is to help participants to identify what has served them well thus far in life, the successes and challenges they have experienced, what supports they have in their lives and what they may need to put in place, and/or discard, for the next stage of life. It usually takes place over five weeks and is a facilitated group experience that uses a blend of personal reflection, worksheets, and small group sharing, in a safe environment.

This course is delivered in 3 -hour sessions once a week over 4 weeks.

Venue: The Savoy Hotel, Henry Street, Limerick City, Limerick V94 EY2P

Dates: Wednesdays 4, 11, 18 and 25 March 2026

Times: 11.00 to 14.00 (Refreshments will be provided)

To book your place e-mail Fiona on engage@ageandopportunity.ie or call on 01 9133922

This course has been funded by the HSE and is free of charge. Participation requires attendance at each of the five sessions.

(Please do not book a place if you cannot attend on these dates).

THE POPE'S INTENTION FOR FEBRUARY

For children with incurable diseases: Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

TROCAIRE BOXES

This year Ash Wednesday will fall on 18th February, marking the beginning of Lent and the associated *Trócaire Boxes* are available at the back of the church.

MARANATHA HEALING RETREAT

Maranatha Healing Retreat on next Sunday 8th February, beginning at 2.30pm in St Michael's Church, Denmark street with Mass 4.30 pm. All welcome.

MARRIAGE ENRICHMENT WEEKEND

The Marriage Enrichment weekend is for any married couple (who have received the Sacrament of Matrimony) who love each other and are open to the possibility of growth in their marriage. Organised by Catholic Marriage Encounter in Ireland from 20th to 22nd March (*A Weekend Like No Other*) Venue: "St Marys" Knock, Co. Mayo

www.marriageencounter.ie | 087 216 2436 | marriageencounter72@gmail.com

AVISTA HOME SHARE SHORT BREAKS

Avista Home Share Short Breaks are recruiting Host Carers in Limerick City and County. Would you like to share your home and your heart with a child with disabilities?

Training and Support is provided, along with an allowance, which is tax free. Check out: <https://avista.ie/how-to-get-involved/homeshare-midwest/> (or <https://bit.ly/45axbZi>) for more information on becoming a Host Carer, contact: Catherine O'Sullivan, Avista (formerly Daughters of Charity), St. Vincent's Centre, on 087-4132888 or email catherine.osullivan@avistaclg.ie

MOTHER AND TOTS GROUP

Join the Dominican Sisters for a time of relaxed social activity and an opportunity for Adoration in a child friendly environment. The Mother & Tots Group takes place on the third Wednesday of every month, from 10am to 12pm, at St Saviour's Parish Church & Hall. Entrance is through glass doors on Glentworth Street.

For more details please contact St Saviour's parish office on 085 726 2262.

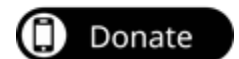
THANK YOU JOHN

We would like to thank John from Xtreme Clean Carpet for the fantastic job he did cleaning our church carpets, his contact number is 083 1550380 should anyone wish to contact him for their carpets and upholstery.

POPE LEO XIV ON X

Jan 25: May the Holy Spirit find in us a mind docile to proclaiming the faith with one voice to the men and women of our time! (on the Solemnity of the Conversion of Saint Paul)

Contact Details: Canon Derek Leonard 087-6261287
 St Joseph's Church (V94 NR29) (061)313401
Office Hours: Monday to Friday, 9am to 2pm (Access via Sacristy)
Email: stjosephsparishlk@eircom.net
Website: stjosephsparish.ie **facebook:** St Joseph's Parish Limerick



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Thank You